

# 7 SACRED TEACHINGS

**Honesty** (Gwekwaadziwin): Be honest with yourself and recognize the honesty within others.

**Humility** (Dbaadendizin): Be humble and recognize how little you know of the universe.

**Truth** (Debwewin): Learn truth, live with it, walk with it, and speak it.

**Wisdom** (Nbwaakaawin): Know the difference between good and bad and the result of actions.

**Love** (Zaagidwin): Learn to love unconditionally.

**Respect** (Mnaadendmowin): Show respect for others, their beliefs, and yourself.

**Bravery** (Aakdehewin): Do the right thing even it can cause pain.