

First Nations, Métis, Inuit people of Canada

SEVEN SACRED (GRANDFATHER) TEACHINGS

-  Northwest Coast
-  Plateau
-  Plains
-  Eastern Woodlands
-  Subarctic
-  Arctic



Native Peoples at time of European contact

THE SEVEN GRANDFATHER TEACHINGS

- ✘ Spiritual teachings, or gifts are part of the Anishinaabe tradition and have been adopted by other Nations.
- ✘ By practicing these gifts, people bring harmony and balance to their own lives, to their relationships with others, and the land.

HONESTY

- × Gwekwaadziwin = **Honesty**:
- × Be honest with yourself and recognize the honesty within others.

HUMILITY

- × Dbaadendizin = **Humility**:
- × Be humble and recognize how little you know of the universe.

TRUTH

- × Debwewin = **Truth**:
- × Learn truth, live with it, walk with it, and speak it.

WISDOM

- × Nbwaakaawin = **Wisdom**:
- × Know the difference between good and bad and the result of actions.

LOVE

- × Zaagidwin = **Love**:
- × Learn to love unconditionally.

RESPECT

- × Mnaadendmowin = **Respect**:
- × Show respect for others, their beliefs, and yourself.

BRAVERY

- ✘ Aakdehewin = **Bravery**:
- ✘ Do the right thing even it can cause pain.

YOUR TASK:

- ✗ 1. Research your Teaching – Think about artwork, symbols (ie: animals), quotes, etc. that represent this teaching.
- ✗ 2. Create an acrylic painting for your Grandfather teaching.
 - + Word in a large font (in BOTH English & Anishinaabe)
 - + Symbols of that Nation
 - + Fill as much space as possible

SHORT PRESENTATION:

- ✗ In a sharing circle, present your Grandfather Teaching to the class
- ✗ What is the teaching?
- ✗ What does it mean to the Indigenous People?
- ✗ What does it mean to you?
- ✗ How can you apply this teaching?

SEVEN GRANDFATHER TEACHINGS AND NATIONS

- × Honesty - Algonquin
- × Humility – Iroquois
- × Truth - Haida
- × Wisdom – Inuit
- × Love - Cree
- × Respect - Blackfoot
- × Courage - Ojibwe